

“4-H... The Power of Youth”

4-H is the largest youth organization in the world. Its purpose is to promote the development of youth into productive, self-directing and contributing members of society.

4-H Has Something For Everyone!

If you are between the ages of 9 and 18 you can belong to a school club, a community club or a project group. You can't lose when you are a part of a program in which you can:

- Make new friends.
- Develop self-confidence.
- Choose a project and see it through.
- Explore projects that can lead to future careers.
- Work cooperatively as part of a group.
- Work with you family and your community.
- Earn achievement awards, trips & scholarships.
- Go to meetings, social activities, fairs, camps, field trips, out-of-state member exchange or even out-of-country member exchanges!

If you are younger than 9, then you can become a “Cloverbud” and participate at county and club activities.

JOIN 4-H

Complete a 4-H enrollment form to join 4-H today! Contact the Extension Office for an enrollment form or any questions!



4-H GROWS HERE

How Does 4-H Work?

You “Learn by Doing” in 4-H. By joining a 4-H Club, you can serve as an officer or committee member. The club is the center of activity where members learn about and prepare for 4-H activities at the community, county, state or even national level.

4-H'ers have many leadership and citizenship experiences. They take part in 4-H educational opportunities such as camps, conferences, educational trips, community service, scholarship and award programs.



 **CLOVER KIDS** 

Projects help 4-H'ers develop new knowledge, skills and aspirations. Members should choose projects in their areas of interest. Resource material and detailed information is provided. Members may work on individual projects or group projects or both.

Just some 4-H Projects...

Careers, Natural Resources, Forestry, Health, Entomology, Horse, Dairy, Beef, Swine, Goats, Tobacco, Gardening, Country Ham, Rabbits, Geology, Photography, Wood Science, Tractor, Small Engines, Poultry, Citizenship, Foods and Nutrition, Clothing, Home Furnishings, Dogs, Creative Crafts, Consumer Education, Communications, Energy, Electric, Shooting Sports, Robotics, Science and Technology

AND MANY MORE

4-H ACTIVITIES

- **Demonstrations & Public Speaking:** 4-H'ers develop public speaking skills by preparing and presenting a talk or a demonstration on a subject or interest to them.
- **Camp:** 4-H'ers attend summer recreation camp.
- **Project Camps** are offered for dairy judging, horse camp, shooting sports camp, environmental day camp, leadership and many more!
- **Day Camps:** offered for many different program areas such as, Cloverbuds, nature club, cooking, art and so much more!
- **Judging Teams:** 4-H'ers learn to select quality dairy or beef animals, sheep, swine, horses or poultry. You may also judge horticulture, meats or soil.
- **County and State Fair:** 4-H'ers exhibit their 4-H projects and compete in a variety of contests.
- **Country Ham Project:** 4-H'ers cure their own hams and compete at the State Fair.

Barren County 4-H Clubs

- **Furs & Feathers (poultry & rabbits)**
- **Water Loggers (Stream Team)**
- **Tabletop Farmers**
- **Moo Crew (Dairy)**
- **Herd Handlers (Beef)**
- **Hoofbeats (Horses)**
- **Horticulture Club**
- **Cloverbuds (5-8yr. olds)**
- **Eagle Eyes (Shooting Sports)**
- **Cooking Club**
- **Dog Club**
- **Teen Club (8-12th graders)**
- **Art Club**
- **Woodworking**
- **Photography**
- **LEGO Club**

What about Adults & Teens?

Our children are the most valued people in our lives!

4-H needs adults and teens to share their knowledge, skills and interests. This can be accomplished as a concerned parent or a 4-H volunteer. Being a 4-H volunteer doesn't mean a whole lot of your time. Volunteers serve in different capacities. Some help with just one 4-H activity while others volunteer as a club or project leader for the year!

Contact the Barren County Extension Office for more details on how you can become involved!

4-H Volunteers



Make a World of Difference!

4-H's Purpose

The purpose of 4-H is to help youth acquire knowledge, develop life skills, and form attitudes that will enable them to become self-directing, productive, and contributing members of society.

4-H Motto

"To Make the Best Better"

4-H Pledge

I Pledge

**My HEAD to clearer thinking
My HEART to greater loyalty,
My HANDS to larger service,
and My HEALTH to better living,
for my club, my community, my
country and my world.**

4-H Emblem



Barren County 4-H

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